



Food Packaging Survey Sheet

STUDENT WORKSHEET

Name: _____ Week of Survey: _____

FOOD	TYPE OF PACKAGING								TOTAL	
	Plastic	Glass	Cardboard	Cardboard Foil-Lined	Steel	Aluminum	Polystyrene Plastic Wrap	Paper		
Meats										
Eggs										
Juice										
Soft Drinks										
Cereal										
Fruits & Veggies										
Fast Food										
Snacks										

Adapted from Australia's Waste Wise Schools Website at http://203.202.189.6/wastewise/resources/invest_litter.htm.



Name: _____

After completing the "Food Packaging Survey Sheet," answer the following questions in complete sentences unless otherwise specified.

1. List the items you surveyed that were packaged in material that could be reused or recycled. _____

2. List some examples of products that you feel are over-packaged. _____

3. Does the way an item is packaged add to its consumer appeal? How? Provide examples. _____

4. Can you think of alternative ways to package some of the products? Describe those alternatives. _____

5. Of the items you examined, which ones are available in more environmentally friendly packages? For example, recycled paper containers versus Styrofoam cartons.

6. How will the completion of this survey influence the buying habits of you and your family? _____

7. Of the items you surveyed, which ones are more likely to end up as litter? Explain why. _____

8. What are some ways to reduce excess packaging? (You may need to do additional research.) _____

